3-30-2020

**MMU: 03/30/20–04/05/20**

Notre Dame Law School, Student Bar Association

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Hello NDLS,

Week one of Zoom class down--WE DID IT! I hope your transition into this new form of law school is becoming somewhat better. I know it is still a difficult time for many,
but NDLS is here for you!

Tbh, I welcomed the routine. No more just laying around wondering what I'm doing that day or worrying about what's happening in the world each hour. My schedule is now jam-packed with papers, class, and readings. Yes, I know I will soon regret saying this, but, for now, it's nice to have a purpose!

This time has also been wonderful for my family bonding. This is the longest amount of time we have all lived under the same roof together since I was in high school, so it's taken some readjusting. But our bonding peaked, last night, when we decided to have a themed dinner.

Yes, the theme was "Celebrities," and all 5 of us dressed to the nines in costumes portraying our best celebrity or movie character--all for us to sit, eat pizza, and watch American Idol. Don't worry, we of course captured it in individual and group pics which I have (with their permission, of course) shared with you all here!

Hello from Captain Jack Sparrow
Marty McFly

Sally Albright & Mia Thermopolis
and Hillary Clinton (sideways, bc the picture would NOT flip!)

Check back to see what next week's theme will be! Oh yeah, according to my sister, we're making this a weekly thing...

Can't wait till next Monday for more entertainment? Lucky for you, Professor Rick Garnett has provided this little gem from Father Mikes past...it's the Faculty Boy Band act! Trust me. You DEF want to see this!

https://www.youtube.com/watch?v=pq3WTUmZH8s&sns=fb&fbclid=IwAR0wY91ERq-8ctjrsYXq8W7BA4SyomUBIIA5Ly_fate6pdTsfKfAPahleoM

That's all for this week. Just keep swimming, NDLS! Stay safe and wash your hands!

Until next time!

Stay Golden, NDLS

Marge

Questions, Comments, or Concerns?

Have questions regarding the Law School's policies and protocols for the remainder of the semester? Got any suggestions on how to better the process?
Below is a link to the FAQ Form sent to us by Dean O'Rear earlier this month.

*There is an option to submit comments anonymously. However, should you wish for the Administration to respond directly to your question, you must include your name and email.*

Thank you on behalf of the Administration and the Student Bar Association for any feedback you may provide to help better our system during this complicated time at the Law School!

FAQ Submission Form
General Announcements

**University and Law School Information Pages**

We have received several emails over the last week directing us to websites created by the University and Law School to keep us updated and informed as we move to distanced learning. You can find these links compiled below:

- **Facilities and Campus Services**
  - Check to see which buildings are open for student use around campus
- **Law School FAQ**
  - Here you can find general answers to the questions submitted by law students via Dean O'Rear's FAQ Submission form
- **coronavirus.nd.edu**
  - University Website for Coronavirus updates
- **Coronavirus Response FAQ**
  - University FAQ Website
- **Current exam schedule**
  - As of now, this is the most recent exam schedule for the law school
- **https://law.nd.edu/for-current-students/**
  - The Administration will post any new developments on the Law School's Current Student Page
- **OIT**

**ND Law in Chicago Info Meeting**

Join Professor Bob Jones and current ND Law in Chicago students to learn all about spring semester opportunities in the Windy City. Connect to Zoom on Wednesday, April 1st (no fooling) at 12:30 Eastern time.

By video: [https://notredame.zoom.us/j/147703402](https://notredame.zoom.us/j/147703402)

By telephone: 312-626-6799, 147703402#

**Moot Court Q&A**

Members of the Moot Court Exec Board will be hosting a Zoom Meeting on Monday from 12:30-1:30pm ET to briefly give an overview of the new application process and to serve as an open Q&A. Zoom Meeting link: [https://notredame.zoom.us/j/310456188](https://notredame.zoom.us/j/310456188)

**IP Law Virtual Events**

**Wednesday April 1st at 12:30 pm**

Careers in the Time of the Coronavirus: *How to network and identify job opportunities as firms are grounded!*

[https://notredame.zoom.us/j/559876191](https://notredame.zoom.us/j/559876191)

**Thursday April 2nd at 5:30 pm**

Virtual IP Wine and Cheese Reception: *Join fellow IP students and*
- Link to contact tech services at the law school should you need help connecting to your classes remotely

  faculty for a virtual wine and cheese night to reconnect and discuss current events!
  https://notredame.zoom.us/j/926223835

  Health & Wellness Center

  Stella Miller is here to support you. If you need to talk, develop strategies or need a point of connection please do not hesitate to contact her at stella.miller@nd.edu and she will set up a time to meet by phone. In the meantime, please see this helpful link: https://mhanational.org/covid19

  Stay Connected...Spiritually!

  During this difficult and uncertain time, let us answer Father Jenkins' call and continue "to strengthen one another by mutual support and prayer."

  I have included in this section links to livestreams of different masses and prayer services for you to tune in! These are just a few I've been using and some my family members suggested.

  If there's a particular service or link you'd like to share, do not hesitate to send it to mondaymorningupdate@gmail.com!

  Never under estimate the power of prayer! Notre

  Basilica Live Stream
  Monday-Friday @ 11:30am EST
  Sunday @ 10am EST

  Daily Rosary
  4:00pm EST

  St. Luke's Episcopal Church in Atlanta, GA
  Live Stream

  Daily Readings Online

  First Baptist of Ruston,
Lend a Helping Hand

As students of NDLS we are called to be "a different kind of lawyer." One of the ways we live up to this profession is by service to our communities. What better time to help than now?!

Each week, I will include a compilation of links to charities across the country submitted by YOU the students! Send me links to get our efforts rolling! We're all sitting around on our phones all day any way (sorry professors!)--we might as well make ourselves useful!

Meals on Wheels and No Kid Hungry

"As you're well aware, these social distancing policies are taxing on all of us. But this is compounded for elderly people who may find it difficult to feed themselves, and low-income children who had been relying on school to provide one if not two meals a day. There are innumerable ways we, as Americans, can come together and look out for one another over the coming months as COVID-19 continues to upend our lives. These two giving options provide a concrete and meaningful way for those interested to contribute to the effort of fighting the virus and the harm it is causing in everyday people's lives. I know it is hard for us, as law students, to do anything meaningful since we are stuck at home, apart, and buried under the work of law school, so I thought providing an avenue to contribute would be in the spirit of the whole morale-boosting effort which is the MMU."--3L, Sawyer White

US Bartenders' Guild Emergency Grant Assistance Program

"Right now, bartenders can apply for grants in order to help make up for the shortfall due to them being laid off last week with restaurants closing. There is a link on the page to donate as well as a FAQ if anyone knows anyone who could benefit from it. Bartenders also don’t need to be members of the guild to apply for this benefit. Thanks!"--2L, Cat Burns
Keep Calm and Carry On

As I'm sure we have all found by this point...self-isolation is BORING! Luckily, your weekly MMU is here to help! Thanks to my good pal, Mark Relation, we have hit the jackpot on links to activities you can do from home. Thank you, Mark, for keeping us all sane!

- **Read a new book.**
  - Project Gutenberg has over 60,000 books: [https://www.gutenberg.org/](https://www.gutenberg.org/)
  - Kid friendly: [https://www.researchify.co.uk/audiobooks.html](https://www.researchify.co.uk/audiobooks.html)
  - Access your local library's ebook and audiobook collections: [https://www.overdrive.com/apps/libby/](https://www.overdrive.com/apps/libby/)

- **Learn data science and how to code.**
  - Python and R: [https://www.datacamp.com/](https://www.datacamp.com/)
  - HTML, CSS, and JavaScript: [https://www.codecademy.com/](https://www.codecademy.com/)

- **Take a course from The Open University or learn a new language.**
  - [https://www.open.edu/openlearn/](https://www.open.edu/openlearn/)

- **Don't forget about your mental health!**
  - Guided Mindful Self-compassion exercises: [https://self-compassion.org/category/exercises/#guided-meditations](https://self-compassion.org/category/exercises/#guided-meditations)
  - Headspace (currently free for US health providers and they have expanded their general offerings): [https://www.headspace.com/](https://www.headspace.com/)
    - [https://www.headspace.com/studentplan](https://www.headspace.com/studentplan): $9/year for students

- **For Fitness Fanatics:**
  - **Club Pilates:** Stream a mat pilates class on its Facebook Live. Check its social media account for class times.
  - **Pure Barre:** Stream free classes on Facebook Live. Check its social media account for class times.
  - **SLT:** Stream free express pilates sessions on IGTV. Check its Instagram for class times.
  - **Barry’s Bootcamp:** Stream free classes through
• Explore nature and Space
  ○ https://www.nationalgeographic.com/
  ○ https://www.projectnoah.org/
  ○ https://worldview.earthdata.nasa.gov/

• Get hooked on a Podcast:
  ○ https://tunein.com/podcasts/

• Take a museum tour with Google and view over 500 different galleries.
  ○ Main site: https://artsandculture.google.com/partner
  ○ Georgia Aquarium has a series of webcams to view while it is closed: https://www.georgiaaquarium.org/webcam/ocean-voyager/

• Play games online:
  ○ http://charades-randomizer.appspot.com/
  ○ http://www.boiteajeux.net/

  Instagram Live, check its social media account for class times. Chief instructor Keoni Hudoba is streaming 20 minute core classes at 9 a.m. ET.

  305 Fitness: Stream full classes for free on its YouTube channel at 12 p.m. ET.

  CycleBar: If you have a bike at home, you can stream free cycling classes on its Facebook Live. Check its social media account for class times.

  Stride: If you have a treadmill, stream free classes on Facebook Live. Check its social media account for class times.

  Modo Yoga: Stream free daily yoga classes on Instagram Live. Check its social media account for class times.

  StretchLab: Grab a yoga strap, exercise band, or towel and stream free stretching classes on Facebook Live. Check its social media account for class times.

  YogaSix: Stream free yoga classes on Facebook Live. Check its social media account for class times.

  Planet Fitness: Stream free “Home Work-Ins” on its Facebook page daily at
Catch Up with NDLS

Corona Quarantine Check-in

With self-isolation as our new norm, keep in touch through the MMU! Hunkered down in South bend? Living the life at your parents' house? Send us a pic and a little blurb about where you're finishing out the rest of your Spring 2020 Semester. Include your siblings, your pets, or even your parents--get creative!

Professor Kozel was happy to share a view from his at-home office (complete with his new co-worker!):

"For a view from my office, I've attached a photo of Ellie Rae Kozel, all of six weeks old, and wondering why no one ever seems to go anywhere. Big sisters Kate Marie (9) and Hannah Jo (5) are doing well, as is my wife Abi. As for me, I'm quite sure I've broken the world record for "Most Conference Calls Attended With Disney Music Overheard Faintly in the Background."

Pet Pics!

Since we're all working from home now it's "Bring your Pet to School Day" every day! Send me pictures of your cat, dog, fish, hamster, rabbit, chicken, lizard, etc. with the
pet's name and I'll share them with the world!

Pantalaimon & Roosevelt maybe all snuggled in, but they are ready to learn some law!

Bailey, Duke, and Max are they very definition of good boys!
Doggie is tuckered out after a long day of Zooming in.

Sunny Venter says Go Irish!
Hi from Bernie! He's ready for class!

Maybel says don't forget to take a break from all your hard work!
Schuyler says keep up the good work!

Submit content for next week's MMU!

Follow the SBA for more updates!

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