

Notre Dame Law School

NDLScholarship

Monday Morning Update

5-10-2021

MMU: 05/10/21–05/16/21

Student Bar Association

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Fwd: MMU: May 10

1 message

Christine Holst-Haley <cholst@nd.edu>
To: law-allfacstaff-list@nd.edu

Mon, May 10, 2021 at 9:24 AM

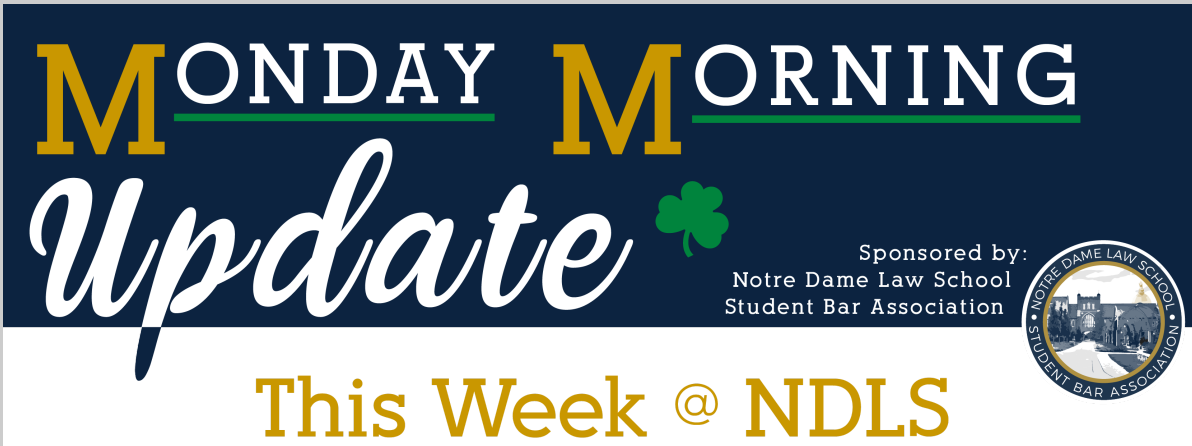
----- Forwarded message -----


From: **Krystal Moczygemba** <mondaymorningupdate@gmail.com>


Date: Mon, May 10, 2021 at 9:24 AM

Subject: MMU: May 10

To: <law-allstudents-list@nd.edu>



MONDAY MORNING
Update 

Sponsored by:
Notre Dame Law School
Student Bar Association 

This Week @ NDLS

General Announcements and Reminders

Crossings

Open **Monday thru Friday 7:30-4:00.**

The specials this week are:

Monday - Hot Italian Panini

Tuesday - Build your own Taco Wrap

Wednesday - Spicy Chicken

Thursday - Meatball Sub

Friday - Tomato Tortellini Soup/ Grilled Cheese

Non-meat options that are always available: Tuna Melt, Grilled Cheese, Black Bean Burger, Veggie, Tuna, Falafel

Crossings is now available through the GrubHub app Monday through Friday, from 8 a.m. to 2 p.m.

CDO

The CDO is still offering Walk-In Hours Monday through Friday, 12:45-4:45pm. There is a new Walk-In link. <https://notredame.zoom.us/j/92926943286>

The Meeting ID is 92926943286

As in the past, walk-ins are meant to be 15 minutes or less. If you would like to schedule a longer meeting, you can do so by [clicking here](#), or via IrishLink. Or, you can call Heidi at 574-631-7542.

3Ls - Verify your information for Commencement

An email was sent to all graduates last week requesting confirmation of your first and last names, pronunciation and hometowns. The information you provided on the GradApp is what will be used unless you submit a change request to ndlsweb@nd.edu. All changes or updates are due no later than **8 a.m.**

Thursday, May 13.

Study Rooms

Beginning at 8 a.m. on May 10, the study rooms will be unlocked 24/7 and will remain unlocked for the remainder of the semester. The daily study room reservation time allowed per student will be increased from 2 hours to 4 hours.

Room keys will not be passed out. Reservations are highly recommended and should be made online [HERE](#). After the exam period, study rooms will be closed until classes resume.

SBA Store

The SBA Store is closed—go study!

Monday - May 10

- **Free Study Lunch!**

- The International and Graduate Programs office (2150) is providing students with study lunches from Monday, May 10 to Wednesday, May 12. Please take a quick brain break from studying to pick up a filling and healthy meal in our office! Good luck with finals and we hope to see you soon!

- Mass @ 5:15pm

Tuesday - May 11

- **Last Day of Classes!**

- **Free Study Lunch!**

- The International and Graduate Programs office (2150) is providing students with study lunches from Monday, May 10 to Wednesday, May 12. Please take a quick brain break from studying to pick up a filling and healthy meal in our office! Good luck with finals and we hope to see you soon!

- Mass @ 5:15pm

Wednesday - May 12

- **Reading Day**

- **Free Study Lunch!**

- The International and Graduate Programs office (2150) is providing students with study lunches from Monday, May 10 to Wednesday, May 12. Please take a quick brain break from studying to pick up a filling and healthy meal in our office! Good luck with finals and we hope to see you soon!

- Mass @ 5:15pm

Thursday - May 13

- **Reading Day**

- Mass @ 5:15pm

Friday - May 14

- Mass @ 12:30pm

Saturday - May 15

Sunday - May 16

- Mass @ 4:30pm
- Send me content for next week's MMU!
 - Please include the name of the event, any details, date and time, and a zoom link if needed.
 - **Please have all submissions in by 8:00pm.**

Submit content for next week's MMU!

Resources and Updates

Legal Writing Center

The Legal Writing Center is open and accepting appointments for law students who wish to seek advice on papers, exam answer structures, outlining techniques, and other legal writing advice. Before making an appointment with the Center, please check with your professor to make sure your intended use of the Center is allowed under course policies. Appointments can be made through the following link:

<https://nd.mywconline.com>

The Writing Center offers free, one-on-one consultations for undergraduates, graduate students, postdoctoral fellows, and faculty on any aspect of the writing process. We work with writers at ALL levels from ANY discipline at ANY stage in the writing process.

LOCATIONS and HOURS

- Zoom
 - Monday: 10:00am-12:30pm
 - Thursday: 10:00am-12:30pm

Prepare to Practice Consultations

The research librarians are offering Prepare to Practice consultations to help you prepare for research tasks that may arise in your summer or post-graduate positions. We can tailor our consultation to the information needs you will most likely encounter in a particular context or on any topic for which you need a refresher. Examples include: litigation analytics, dockets, administrative law, transactional law, legislative history, and state specific practice guides. We are generally available to meet between 9 a.m. and 5 p.m. Monday through Friday, and we will offer appointments until May 21. Please fill out [this form](#) if you'd like to schedule a consultation, and a research librarian will reach out to schedule a time within 2 business days.

The Current Students Section of the NDLS Website

A reminder for all students - the NDLS website has a ton of great resources and contains the most up-to-date information about a variety of things. This includes:

- A list of [writing competitions](#) that may be of interest to students
- An [external scholarship database](#)
- [The most current locker/mailbox list](#)

Health & Wellness Information

Wellness in Mind - Need some support? Remember that your Wellness Consultant, Stella Miller, is here for you. Drop her a line at stella.miller@nd.edu or make an appointment at www.calendly.com/stellamiller.

You can check up on your wellness throughout the year using the Lawyers and Wellness self-assessment tool exclusively for NDLS students. It's completely confidential and can easily be completed in less than a minute. Based on your score, the assessment will recommend next steps to help support your mental health and wellbeing. Take the assessment here: law.nd.edu/wellnesscheck.

Also, we encourage you to be mindful of the relaxation resources available at the [McDonald Center for Student Well-Being](#). These include [yoga](#), [Koru Mindfulness](#), the [Sleep Program](#), and restorative spaces like [the Living Room](#), [Break Room](#), and [Fort](#). Health support services are always available at [University Health Services](#) and the [University Counseling Center](#).

This new mental health self-assessment tool is exclusively for law students at NDLS. It's completely confidential and can easily be completed in less than a minute. We invite you to use this tool to check up on your wellness throughout the year. Based on your score, the assessment will recommend next steps to help support your mental health and wellbeing. Take the assessment

here: law.nd.edu/wellnesscheck

Check out the **ABA Mental Health Toolkit** [here](#).

NDLS News Recommendations

Check out [this Google sheets](#) for news sources recommended by NDLS students and professors. Feel free to add to the list as well!

SBA Dropbox

Please submit all of your questions, comments, concerns for the SBA [here](#).

COVID Corner

INDIANA RESIDENTS VACCINE AVAILABILITY: All Indiana residents 16+ become eligible for the Covid vaccine this Wednesday 3/31. If you fill out the vaccine request form at <https://healthlincchc.org/> they will call you back to schedule an appointment. I believe they have appointments available for this Wednesday and may even be able to get people in sooner if they have expiring doses. Registering through the in.gov portal, all of the nearby locations are booked out through the second week in April. Additionally, you can only sign up for an appointment if you are already eligible. Healthlinc letst you register now and is a good option for anyone who wants to get the vaccine sooner than when the University makes it available.

Reminders of these key COVID protocols for the Law buildings:

More information is on the Law School's website [HERE](#) or at here.nd.edu.

- **Masks must be worn at all times while studying and in class.** You should not remove your mask when studying in Library or elsewhere in the Law School buildings unless you are in a study room *by yourself with the door CLOSED*. Please also use the provided spray to wipe down your study space when you leave.
- **Eating is only permitted in the Commons and South Reading Room.** You cannot eat in the classrooms or Library study spaces. You may remove your mask only during the time in which you are actively eating. Please be aware of the needs of your classmates and do not use these spaces as study spaces if other students are waiting for a spot to eat their lunch.
- **All in-person meetings with faculty and staff must be scheduled.** Your professors will send you information about how to schedule appointments with them. You can schedule appointments with staff through the links below:
 - CDO: through [IrishLink](#)
 - Student Services (Christine Holst-Haley): <https://calendly.com/ndls-cholst>
 - IT Support (Ed Marshall): <https://calendly.com/ejmarshall>
 - Wellness Consultant (Stella Miller): <https://calendly.com/stellamiller>

- Registrar (Jenny Fox): No in-person meetings, email Jenny at jenniferfox@nd.edu with questions or to set up a phone or Zoom call.

A Message From the Editor ~Secretary~

Good Morning NDLS!

Mother Nature apparently did not like me calling her out last week, and this weather is surely a personal attack. I humbly apologize. Please bring back the warm weather. But then again, maybe this is for the best. If the weather was warm and beautiful, I might have an even harder time focusing on finals, because even though graduation is close, exams are closer. Regardless of what I've been telling myself, we must finish one to get to the other. And regardless the fact we walked into this semester having last semester as a measure of expectation of what law school with no breaks feels like, it is still surprising how quickly the time flies, how much there is to do, and how little time there is to do it in.

The key is finding your finals song. You know the one. The one you essentially play on repeat for two weeks straight because you can write/outline to it. With a good finals song you can crank a paper like you wouldn't believe. And the songs just kind of find you each semester or project or paper. It's a phenomenon. [This is mine](#) apparently this semester. ([Here are some past highlights](#).) Find your finals song and good luck out there, folks. It'll be over before you know it.

Go Irish!

Krystal

P.S. Last week will be the last MMU of the semester (feels like that should be obvious). Send in your final announcements, any summer info you want people to have, and the like.

1L OF THE WEEK

This week's 1L of the Week is Julia Fissore-O'Leary. She took time out of her study schedule to have a lovely chat with me. You remember 1L exams, buy her a coffee.



Q: Where is your hometown?

A: I am from Amherst, Massachusetts.

Q: Where did you attend, what did you study in undergrad, and what did you do before law school?

A: I went to Dartmouth College in New Hampshire and studied political science and Spanish. In the year in between, I worked for a legal aid organization in Boston in the employment law section. I did a lot of unemployment insurance, which got very busy with covid, obviously.

Q: Have any fun plans for the Summer Break?

A: I am going home for write-on and am excited to spend time with my family—go on runs with my mom and spend time with my dog. Other than that I'll be in South Bend working for a district judge.

Q: What is your favorite Tick Tock trend?

A: I honestly don't know a Tick Tock trend. I really don't understand social media, and don't really know what Tick Tock is. I have Instagram but don't get Tick Tock.

Q: How do you cope with cold weather in May?

A: I am from the East Coast and went to college in New Hampshire, so I'm pretty used to it actually. April snow is familiar to me, but May is a bit excessive.

Q: What is a luxury you refuse to sacrifice now in your more mature age?

A: At this point sleep is a luxury, right? I definitely set the bar at 7 hours per night and do not easily give that up.

Q: If you had to choose Italian or Japanese food for the rest of your life, which would you choose?

A: Oh I would definitely say Japanese food. I love fish and rice.

Q: What is your favorite movie and why?

A: The Goonies just because it is a movie from my childhood and reminds me of my childhood. It is a very happy and makes me feel good, especially when I'm stressed.

Q: What is a song you listen to for only

A: I actually have no idea. When I study I cannot listen to songs with words, so it's really a lot of rain noises and orchestra music.

Q: Do you have anything else you'd like to say to all of your fans?

A: Good luck on finals and I am rooting for you.

Q: Who do you nominate to be the last 1L of the Week next week?

A: I'll nominate Andrew Scarasile.

3LOL: Sofia Skok

This week's 3Lol is Sofia Skok. From the St. Charles suburb of Chicago, Sofia is like many a 3L—surprisingly busy and surprised graduation is going to be here so soon. Where has the time gone? She attended Boston College for undergrad, where she double majored in philosophy and economics (philosophy being the passion, and economics being the "practical" backup all parents wish for). Alas within the next two weeks Sofia will have her J.D., a very practical credential. Buy her a coffee while you still can.

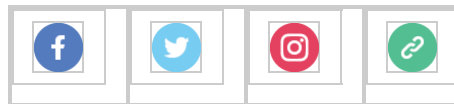


Sofia, like so many of us, enjoys reading for fun and experimenting in the kitchen but doesn't have much time for either these days, but is hoping for a bit more after graduation and the bar. What she does sometimes get to make time for are cool

outdoor sports. Sofia has had golf clubs in her hands since age of two and can hold her own on a course. (Of course, she would consider it an embarrassment if she'd been playing this long and couldn't, and she'd be right.) She also is a talented sporting clays shooter. Unlike in skeet or trap, where you just stand in one place and the clays fly similar patterns over and over again, sporting clays is like golf in that you move to different stands throughout the course and keep score of your shots at each stand. There are 10 stands with 15-100 rounds depending on the game. Sounds like I have found a new activity to check out.

Praying for an improvement in the covid situation as we all are, Sofia is ready for the day travel restrictions to lighten so she is able to visit Chile again with her family. Being half-Chilean, fluent in Spanish, and used to traveling there once a year or so to visit, Sofia is anxious to return. Until then, she is enjoying her last days on campus and trying to just take it all in. And she highly suggests you do the same—enjoy every moment even if they feel really unenjoyable because it goes by so fast.

Follow the SBA for more updates!



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Notre Dame Law School
Notre Dame, IN 46556-4640

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