

Notre Dame Law School

NDLScholarship

Monday Morning Update

5-17-2021

MMU: 05/17/21–05/23/21

Student Bar Association

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1 message

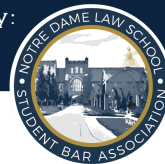
Mon, May 17, 2021 at 9:29 AM

From: **Krystal Moczygemba** <mondaymorningupdate@gmail.com>

Subject: MMU: May 17

To: <law-allstudents-list@nd.edu>

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Notre Dame Law School
Student Bar Association



General Announcements and Reminders

Open **Monday thru Friday 7:30-4:00.**

The specials this week are:

Monday thru Thursday - Chef Choice

Non-meat options that are always available: Tuna Melt, Grilled Cheese, Black Bean Burger, Veggie, Tuna, Falafel

Crossings is now available through the GrubHub app Monday through Friday, from

8 a.m. to 2 p.m.

CDO

The CDO is still offering Walk-In Hours Monday through Friday, 12:45-4:45pm. There is a new Walk-In link. <https://notredame.zoom.us/j/92926943286>

The Meeting ID is 92926943286

As in the past, walk-ins are meant to be 15 minutes or less. If you would like to schedule a longer meeting, you can do so by [clicking here](#), or via IrishLink. Or, you can call Heidi at 574-631-7542.

Study Rooms

Beginning at 8 a.m. on May 10, the study rooms will be unlocked 24/7 and will remain unlocked for the remainder of the semester. The daily study room reservation time allowed per student will be increased from 2 hours to 4 hours.

Room keys will not be passed out. Reservations are highly recommended and should be made online [HERE](#). After the exam period, study rooms will be closed until classes resume.

SBA Store

The SBA Store is closed!

Monday - May 10

- Mass @ 5:15pm

Tuesday - May 11

- Mass @ 5:15pm

Wednesday - May 12

- Mass @ 5:15pm

Thursday - May 13

- Mass @ 5:15pm

Friday - May 14

Saturday - May 15



Sunday - May 16

- Mass @ 4:30pm
- Send me content for next week's MMU!
 - Please include the name of the event, any details, date and time, and a zoom link if needed.

- Please have all submissions in by 8:00pm.

Submit content for next week's MMU!

Resources and Updates

Legal Writing Center

The Legal Writing Center is open and accepting appointments for law students who wish to seek advice on papers, exam answer structures, outlining techniques, and other legal writing advice. Before making an appointment with the Center, please check with your professor to make sure your intended use of the Center is allowed under course policies. Appointments can be made through the following link:

<https://nd.mywconline.com>

The Writing Center offers free, one-on-one consultations for undergraduates, graduate students, postdoctoral fellows, and faculty on any aspect of the writing process. We work with writers at ALL levels from ANY discipline at ANY stage in the writing process.

LOCATIONS and HOURS

- Zoom
 - Monday: 10:00am-12:30pm
 - Thursday: 10:00am-12:30pm

Prepare to Practice Consultations

The research librarians are offering Prepare to Practice consultations to help you prepare for research tasks that may arise in your summer or post-graduate positions. We can tailor our consultation to the information needs you will most likely encounter in a particular context or on any topic for which you need a refresher. Examples include: litigation analytics, dockets, administrative law, transactional law, legislative history, and state specific practice guides. We are generally available to meet between 9 a.m. and 5 p.m. Monday through Friday, and we will offer appointments until May 21. Please fill out [this form](#) if you'd like to schedule a consultation, and a research librarian will reach out to schedule a time within 2 business days.

The Current Students Section of the NDLS Website

A reminder for all students - the NDLS website has a ton of great resources and contains the most up-to-date information about a variety of things. This includes:

- A list of [writing competitions](#) that may be of interest to students

- An [external scholarship database](#)
- [The most current locker/mailbox list](#)

Health & Wellness Information

Wellness in Mind - Need some support? Remember that your Wellness Consultant, Stella Miller, is here for you. Drop her a line at stella.miller@nd.edu or make an appointment at www.calendly.com/stellamiller.

You can check up on your wellness throughout the year using the Lawyers and Wellness self-assessment tool exclusively for NDLS students. It's completely confidential and can easily be completed in less than a minute. Based on your score, the assessment will recommend next steps to help support your mental health and wellbeing. Take the assessment here: law.nd.edu/wellnesscheck.

Also, we encourage you to be mindful of the relaxation resources available at the [McDonald Center for Student Well-Being](#). These include [yoga](#), [Koru Mindfulness](#), the [Sleep Program](#), and restorative spaces like [the Living Room](#), [Break Room](#), and [Fort](#). Health support services are always available at [University Health Services](#) and the [University Counseling Center](#).

This new mental health self-assessment tool is exclusively for law students at NDLS. It's completely confidential and can easily be completed in less than a minute. We invite you to use this tool to check up on your wellness throughout the year. Based on your score, the assessment will recommend next steps to help support your mental health and wellbeing. Take the assessment here: law.nd.edu/wellnesscheck

Check out the **ABA Mental Health Toolkit** [here](#).

NDLS News Recommendations

Check out [this Google sheets](#) for news sources recommended by NDLS students and professors. Feel free to add to the list as well!

SBA Dropbox

Please submit all of your questions, comments, concerns for the SBA [here](#).

COVID Corner

INDIANA RESIDENTS VACCINE AVAILABILITY: All Indiana residents 16+ become eligible for the Covid vaccine this Wednesday 3/31. If you fill out the vaccine request form at <https://healthincchc.org/> they will call you back to schedule an appointment. I believe they have appointments available for this Wednesday and may even be able to get people in sooner if they have expiring doses. Registering through the [in.gov](#) portal, all of the nearby locations are booked out through the second week in April. Additionally, you can only sign up for an appointment if you

are already eligible. Healthline lets you register now and is a good option for anyone who wants to get the vaccine sooner than when the University makes it available.

Reminders of these key COVID protocols for the Law buildings:

More information is on the Law School's website [HERE](#) or at [here.nd.edu](https://www.nd.edu).

- **Masks must be worn at all times while studying and in class.** You should not remove your mask when studying in Library or elsewhere in the Law School buildings unless you are in a study room by yourself with the door CLOSED. Please also use the provided spray to wipe down your study space when you leave.
- **Eating is only permitted in the Commons and South Reading Room.** You cannot eat in the classrooms or Library study spaces. You may remove your mask only during the time in which you are actively eating. Please be aware of the needs of your classmates and do not use these spaces as study spaces if other students are waiting for a spot to eat their lunch.
- **All in-person meetings with faculty and staff must be scheduled.** Your professors will send you information about how to schedule appointments with them. You can schedule appointments with staff through the links below:
 - CDO: through [IrishLink](#)
 - Student Services (Christine Holst-Haley): <https://calendly.com/ndls-cholst>
 - IT Support (Ed Marshall): <https://calendly.com/ejmarshall>
 - Wellness Consultant (Stella Miller): <https://calendly.com/stellamiller>
 - Registrar (Jenny Fox): No in-person meetings, email Jenny at jenniferfox@nd.edu with questions or to set up a phone or Zoom call.

A Message From the Editor ~Secretary~

Good Morning NDLS!

The time has come, mon ami. The last time I write to you as your benevolent Secretary. Not only is my reign over because my elected term is expiring, but I am also among those who are planning on graduating on Saturday (don't want to jinx it). What a time to be alive. These past three years have been quite the adventure, and I hope you have enjoyed my musings and the student features as much as I have enjoyed writing them this past year.

At this point, there is just about every piece of advice, tip, or trick mentioned somewhere in a 3LOL feature from this year. People much more sage than me have imparted words of wisdom about enjoying your time here, appreciating your fellow students and the faculty, trusting the process, and not getting too caught up in the mind-games part of this adventure. I have very little to add to what my fellow classmates have shared. I will, however, leave you with one thing my dad told me when I came to law school—they do not hand these degrees out. This is the type of degree you have to work, and work hard, for. A professor at A&M, who I never had

for class but worked with on several occasions, was a former CIA operative. We're talking in-the-field, infiltrating-the-Kremlin, had-to-move-the-family-when-assassins-came-after-them spy, and when I told him I was planning on going to law school he looked me dead in the eye and told me law school was the hardest thing he's ever done in his life.

Now, law school is hard for a number of reasons, some of which make absolutely no rational sense to me and should you decide to ask for it I will happily give my unfiltered opinion on those things, but there is at least one very valid reason why it's so hard. You're becoming a licensed professional. A seeming expert and voice of authority to everyone else. It doesn't matter if you're going to work for the mother of all corporations a small non-profit or a JD advantage, you will be influencing how real people make real decisions that will affect other people and things. Understanding the law is huge in understanding how our society works, and that's powerful knowledge. Sometimes such knowledge can make us cynical, but I think we should instead try and let it be a lens not for how the world is, but how it ought to be.

Best of luck out there Class of 2021, and best of luck still here Classes of 2022, 2023, faculty, and staff. HMU if you're ever in Texas.

Go Irish!

Krystal

1L OF THE WEEK

The last 1L of the Week is Andrew Scarafale. He took time out of his con law study schedule to have a lovely chat with me. Best of luck to Andrew and all the 1Ls. Buy them caffinated drinks.



Q: Where is your hometown?

A: I am from Glencoe, Illinois. Suburb of Chicago.

Q: Where did you attend, what did you study in undergrad, and what did you do before law school?

A: William & Mary in Virginia. I double-majored in government and history, which was fun in Williamsburg.

Q: Have any fun plans for the Summer Break?

A: I should be in Washington D.C., which should be fun. I haven't gotten the official confirmation I'm in person, so we'll see.

Q: Does one or two spaces belong after a period?

A: Two spaces. Definitely two spaces.

Q: What is the most interesting animal you've ever seen?

A: I honestly do like sloths and koalas for some reason. There was a period I wanted to get a sloth, like 12-16, and my parents said no. You just need to get them a little sloth pen and then you're good to go.

Q: What is your go-to 'fun fact'?

A: When I was in late elementary school, early middle school, I won this essay writing contest and got to interview a bunch of Disney Channel actors and Whoopie Goldberg for Scholastic Magazine. I checked recently and they took it down.

Q: What is the best type of cheese?

A: I think mozzarella. That's probably because I am Italian and that's what I like to eat with everything. I also made that Tick-Tock pasta with bri and it was excellent. It ruined my baking tray, but it was good.

Q: What has been the worst part about 1L year?

A: That's a hard question because I'm not sure it's just me doing things to myself, but I think just the fact that it was so hard to get to know people at the beginning of the year. Also, having to learn how to reread.

Q: What has been the best?

A: I think the sense of accomplishment and the immense gain in knowledge.

Q: Do you have anything else you'd like to say to all of your fans?

A: Wait, so there are no other 1Ls of the week? So I'm like the last girl in a horror film. I'll say good luck on finals and have a good summer.

3LOL: Michaela Larson

The last 3Lol is the super cool Michaela Larson. In true 3Lol fashion, Michaela had planned to take her last exam this semester on Saturday but got food poisoning and ended up taking it yesterday. She is not new to last-minute change it all around scenes in law school. The night before her crim final 1L year Michaela spent the night taking her brother to the ER. The mock trial tournament she diligently prepared for completely got cancelled because of covid. Good times. She is turning in her last ever paper for law school today, so if you see her out, BUY HER A DRINK!



As the oldest of seven (7) kids from Upland, California in the Inland Empire, Michaela has experience rolling with the punches. As a result, she's taken to throwing a few herself to relieve the stress. Kickboxing, people. She is an avid gym-goer, preferring CrossFit and kickboxing workouts the most. Post-workouts she likes to drink wine with Becket, her poodle Siberian husky mix who looks like an Irish wolfhound, and watch rom-coms. Becket, a South Bend townie, does not typically join in the drinking (but he might sneak a sip every now and then). This is

him:



To make the most out of your law school experience, Michaela urges you to enjoy your time with the people around you. This is a super special time, and it is easy to get caught up in everything to do with school and the world around you. But don't let that get in the way of spending time with the people you are here with, because in just three short years, it will be over.

Follow the SBA for more updates!



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Student Bar Association
1329 Biolchini Hall
Notre Dame Law School
Notre Dame, IN 46556-4640

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